

Frequently Asked Questions

What is The Wellness Oasis™ presented by Chase?

The Wellness Oasis™ presented by Chase is a transformative event platform and community dedicated to helping people with their mental, physical, and spiritual well-being. Led by top experts and advocates across a diverse range of self-care practices, guests are guided through an immersive program curated to include inspiring conversations, workshops, and experiences around movement, mindfulness, togetherness, and more.

How big is the event? Is it indoors or outdoors?

There will be three hundred to five hundred guests attending at one time. The event is outdoors with some shaded areas for food and refreshments.

Are you ADA Accessible?

Yes, we are ADA accessible. Please email us hello@4b-advisory.com for special requests and accommodations.

Will I receive a confirmation email after purchasing a pass?

You will receive an automatic email from us after you purchase your pass. Check your spam folder. If you have any issues, email us at hello@4b-advisory.com.

I bought a pass. What happens next?

A few weeks before the event: You'll get an email reminder from us with pertinent details about the schedule.

A week before the event: We'll email you an event program; everything you need to know about getting to the event.

The day of the event: You will receive your wristband for entry.

What do I need to bring with me?

Credit cards will be accepted for purchases - cash and checks will not. We've got you covered with everything else, including food, drink, pens, notebooks, and yoga mats.

What's the schedule for the day? Do I need to register for anything?

Your pass includes access to all the sessions, talks, self-care experiences, nourishing breakfast and lunch and refreshments. You don't have to register for any sessions excepts for the one's mentioned on the events page. We'll give you your schedule at the event when you check in and it currently exists on the main event page.

What is everyone wearing?

We encourage you to wear what you are most comfortable in along with a hat and sunscreen as the event is outside and in the sun at times. There are movement sessions each morning, so athleisure attire is encouraged. Additionally, there are cold plunges and a sauna so please wear what you are most comfortable in and a towel if you choose to participate.

What meals are included in the ticket? Can you accommodate vegetarians, food allergies, etc?

Of course! We'll have vegan, vegetarian, and gluten-free options available. If you have any questions about an allergy or dietary restriction, please reach out to us at hello@4b-advisory.com.

When are gift bags handed out?

Gift bags will be on each chair at the start of the panel.

Do you provide parking?

Rideshare is encouraged. In the weeks leading up to the event, we will send all guests transportation suggestions and parking information.

How can I get involved in the next The Wellness Oasis?

Please send an email to hello@4b-advisory.com

Is there a ticket return policy?

We are unable to offer any kind of refund, exchange, or credit for any of the passes. To transfer your ticket to someone else, please email us.

Is there a shower and are there restrooms?

Yes, there is one shower onsite and restrooms. If you plan to use the cold plunge and sauna, participate in the movement experience and workout, you're welcome to use the shower and restroom to change and be comfortable.

I have a different question - can you help?

Of course - if you have any other questions about the sessions or event please email us at hello@4b-advisory.com. We'll get back to you as soon as we can.

How do I get there?

Coming from the east (Miami Beach): Head west on the MacArthur Causeway (I-395) toward Downtown Miami. Exit to the right before the bridge into downtown, then make your first left. Continue following Parrot Jungle Trail, going under the bridge. Once you come out the other side, make your second right - you'll see the Children's Museum on your right. After passing the museum, go straight and you'll see the green Reserve gates. Make a slight right-hand turn (don't turn left), and you'll arrive at our main (side) entrance.

Coming from the west (Downtown Miami): Take the MacArthur Causeway (I-395) heading east toward Miami Beach. Stay on the right-hand side right after the bridge - it will loop around and bring you to a left turn at the Children's Museum. You'll see the museum on your right; continue straight past it and you'll see the green Reserve gates ahead. Make a slight right-hand turn (don't turn left), and you'll arrive at our main (side) entrance.

Rideshare is recommended for those commuting to/from the venue since parking at the venue is limited.

No Commercial Use - Attendee may not film, stream, or photograph their own content for the Event without express written permission of 4B Advisory, which 4B Advisory is under no obligation to provide.

hello@4b-advisory.com

 @_thewellnessoasis