



## BACKCOUNTRY CLINICS GEAR CHECKLIST

Backcountry clinics include all clinics listed on the website as backcountry. Any reference to backcountry ski touring or splitboarding fall into this category.

### HARDWARE

- Backcountry skis + skins or Split board set up (board, skins, poles)
- 30-litre backpack (something large enough to fit extra clothing, skins (6in x 2 x 3), food, water and any personal items)
- Avalanche Transceiver, Shovel, Probe
- RECCO reflector (provided to all participants at clinic check-in)

### MISCELLANEOUS

- Sunglasses
- Goggles
- Sunscreen
- Sun hat
- Small personal ski repair kit
- Personal first aid, medication
- Camera

### CLOTHING

- Waterproof/breathable jacket and pants
- Lightweight, breathable jacket and pants (for uphill skinning/climbing)
- Insulated jacket (synthetic insulated jacket is strongly recommended)
- Lightweight gloves for climbing/skinning
- Warm gloves
- Warm hats
- Balaclava or other types of neck warmer
- Baselayers

### IN BOUNDS CLINICS GEAR NEEDS

Although you will not require any backcountry gear, you must come prepared to spend all day on the mountain so please ensure you're dressed appropriately for all weather conditions. You must also bring your personal ski or snowboard set up (or have rental gear). We would also recommend bringing a snack and anything else you need to be comfortable in the mountains all day.



## TECHNICAL CLINIC GEAR CHECKLIST

In addition to what is listed in the backcountry clinics section, please also ensure that you are bringing the following equipment for SKI MOUNTAINEERING clinics.

### BASIC HARDWARE

- Backcountry skis + skins or Split board set up (board, skins, poles)
- 30-litre backpack (something large enough to fit extra clothing, skins (6in x 2 x 3), food, water and any personal items)
- Avalanche Transceiver, Shovel, Probe
- Harness
- Ski crampons
- Boot crampons
- RECCO reflector (provided to all participants at clinic check-in)

### CLOTHING

- Waterproof/breathable jacket and pants
- Lightweight, breathable jacket and pants (for uphill skinning/climbing)
- Insulated jacket (synthetic insulated jacket is strongly recommended)
- Lightweight gloves for climbing/skinning
- Warm gloves
- Warm hats
- Balaclava or other types of neck warmer
- Baselayers

### TECHNICAL HARDWARE

- 1x 1.5m 5mm cord
- 1x 5m 7mm cord
- 1x Shoulder Length Sling
- 1x double shoulder length sling
- 4x locking carabiners
- 2x non-locking carabiners
- Belay Device
- Tibloc/Microtraction  
Recommended if you own but we'll have spares to let you test out. Intermediate 'Learn the Ropes' does not need this.

### MISCELLANEOUS

- Sunglasses
- Goggles
- Sunscreen
- Sun hat
- Small personal ski repair kit
- Personal first aid, medication
- Camera



## SPECIALTY CLINIC GEAR NEEDS

### BACKCOUNTRY ZONES WITH CRAIG MURRAY

#### Advanced backcountry ski tour

Should conditions permit, you will utilize the below, please bring them.

- Crampon
- Ice axe

### INTO THE STEEPS WITH SIERRA MOUNTAIN GUIDES

#### Advanced backcountry ski tour

Should conditions permit, you will utilize the below, please bring them.

- Harness
- Belay/Rappel device

### FIND THE GOODS LIKE A GUIDE WITH RYAN HUETTER

#### Intermediate backcountry ski and splitboard tour

- Field book or notebook
- Ice axe

### CREVASSE RESCUE WITH GEOFF UNGER

#### Advanced ski and splitboard mountaineering

- Harness
- Helmet
- Prussik hitches
- Carabiners
- Locking carabiners
- Slings
- Cordalette
- Mechanical rope grab

### HOW TO RAPPEL INTO YOUR LINE WITH SIERRA MOUNTAIN GUIDES

#### Advanced backcountry ski tour

- Harness
- Rappel device
- Basic crevasse kit